

## **CHARACTERISTICS OF ADOLESCENCE**

**Adolescence is characterized by a rapid rate of growth and development. During this period the body develops in size, strength and reproductive capabilities, and the mind becomes capable of more abstract thinking. Social relationships move from being centered on the family base to a wider horizon in which peers and other adults come to play significant roles in the adolescent's life. It is also a time when new skills and knowledge are acquired and new attitudes are formed. Following are important characteristics;**

- 1. Bodily changes and physical development.**
- 2. Development of intelligence and mental ability.**
- 3. Exuberance of aspirations, ambitions and imaginations.**
- 4. Stability in interest.**
- 5. Spirit of self respect and aspiration for status.**
- 6. Development of good and bad habits and tendencies.**
- 7. Mental independence and self support**
- 8. Anxiety for future**
- 9. Emotional instability**
- 10. Importance of group**

- 11. Stable friendship**
- 12. Problem of adjustment**
- 13. Spirit of social service.**
- 14. Hero worship**
- 15. Moral-immoral development**